

June 22- June 31st Schedule:

Port Moody Aquarians

Group	Monday	Tuesday	Wednesday	Thursday	Friday
A Group:		W- 6:00- 7:30am		W- 6:00-7:30am	W - 6:00- 7:30am
	R - 4:30 – 6:00pm *	W- 4:45 – 6:00pm	W - 4:30 – 6:00pm*	W- 4:45 – 6:00pm	
B Group:		W- 6:00- 7:30am		W- 6:00- 7:30am	W - 6:00- 7:30am
	W - 4:30 – 6:10pm *	R - 4:45 – 6:10pm	R - 4:30 – 6:10pm*		R - 4:45 – 6:10pm
Development:		R - 6:00-7:00am			
	W - 4:45 – 6:00pm		W - 4:30 – 6:00pm*	R - 4:45 – 6:00pm	W - 4:45 – 6:00pm
Aquasplashers	W-5:00 - 5:30pm Or W- 5:30 – 6:00pm		W-5:00 - 5:30pm Or W- 5:30 – 6:00pm		W-5:00 - 5:30pm Or W- 5:30 – 6:00pm
Diving:					
	W – 4:30- 6:00pm*	W – 4:30- 6:00pm*	W – 4:30- 6:00pm*	W – 4:30- 6:00pm*	W – 4:30- 6:00pm*
Water Polo:					
		W - 7:45 – 9:15pm	W - 7:45 – 9:15pm	W – 7:45– 9:15pm	
Masters:		R or W- 6:00-7:30am		W- 6:00-7:30am	W- 6:00-7:30am
		W - 7:45 – 9:15pm	W - 7:45 – 9:15pm	W - 7:45 – 9:15pm	R or W- 5:00-6:00pm

***Dryland included – please come with appropriate clothes and runners.**

W = Westhill Pool

R = Rockypoint Pool