

# Coquitlam Sharks Aquatic Club



# Annual A/B Swim Meet

**June 4<sup>th</sup> & 5<sup>th</sup> 2011**

**Location:** R.L. Spani Pool  
  
Mundy Park  
655 Hillcrest St.  
Coquitlam, B.C.

**Meet Manager:** email: [secretary@coquitlamsharks.ca](mailto:secretary@coquitlamsharks.ca)

**Facilities:** 25 Metre, 8 Lane pool

- Concession will be open both days with both breakfast & dinner items
- Sharkbucks Coffee –available throughout meet offering Latte’s – hot & iced
- Ample space and time for club tents to be set up on Saturday AM within security enclosed area.
- Tents may be left within secured area only at your own risk. All others outside of enclosure must be removed at end of each day.

**Schedule:** **Warm-ups 8:00 & 8:20 A.M. each morning (Later start times!)**  
Officials meeting 8:30 A.M. on the pool deck each day  
Coaches meeting 8:45 A.M. on the pool deck each day  
**Heats begin at 9:00 A.M. each morning**

**Meet Format:** **"A/B" Meet with timed heats, no finals**

- Swimmers Div. 1 and up may enter **6 individual events and 2 relay events + 1 Challenge Relay.**
- Swimmers Div. 1 may only enter either 25m or 50m of same stroke.
- Div 1 to Div 6 Relays must have 4 S swimmers swim.
- Cat 1 and O Cat 2 Relays must have a minimum of 2 O swimmers swim.
- Div. 7 – Div 8 Relays may have any combination of S and O swimmers.
- Heats and events may be combined/changed/cancelled during meet, at the discretion of the Clerk of the Course.
- Colorado 3 plunger timing system will be used.
- ***NEW\*\*\*Sharks Challenge Relay\*\*\**** - This 200 Freestyle Mixed Relay has heats/finals & is open to all competing BCSSA swimmers. Each relay team will comprised of 4 swimmers whose total DIVISION numbers do not exceed 15 (i.e. 1-Div 7, 1-Div 5, 1-Div 3, 1-Div 0).
  - 1) Div "0" & 6 & under swimmer will count as 0 points.
  - 2) The total may be less than 15.
  - 3) Each relay team can have only one "O" swimmer
  - 4) No swimmer can compete on more than one team
  - 5) Any combination of boys/girls may be used in accordance to #1-4
  - 6) Clubs are encouraged to come prepared with relay cards filled to give coaches adequate time to formulate their teams.
  - 7) The Sharks Challenge Relay will be swum as prelim(Saturday) & finals(Sunday). Top 8 teams will compete for the ultimate challenger team! A prize will be given for the ultimate first place finishing team!

**Rules:** All 2011 BCSSA rules and regulations apply, including the "No False Start" rule. All times will be recorded to 1/100 of a second.

**Officials:** Officials: All clubs are required to supply senior deck officials and junior/intermediate officials for stroke and turn during the meet. Each club will be assigned lanes for timers, recorders and place judges and are responsible for filling these slots. Postings of these times are located on the board beside the shark shack.

*Please provide the name of your **Director of Officials/parent volunteer co-ordinator** who will be responsible for these personnel with your entries.*

**Awards:** Individual

- Div. 1 to 8
  - ✓ 1<sup>st</sup> - 8<sup>th</sup> place ribbons for A & B
  - ✓ Aggregate
- O Cat 1 & 2
  - ✓ 1<sup>st</sup> - 3<sup>th</sup> place ribbons
  - ✓ Aggregate Awards (no runner up)– no distinction between A & B
- No club awards

Relays

- 1<sup>st</sup> - 3<sup>rd</sup> place ribbons in all Divisions and Categories
- 1<sup>st</sup> place award for Sharks Challenge Relay
- Participation ribbons for all who compete in Sharks Challenge Relay
- no "A" & "B" distinction

**Scoring:** Place- 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8<sup>th</sup>  
Points- 18, 16, 15, 14, 13, 12, 11, 10

**Fees:** Individual Events: \$ 6.00 per Individual Event  
Relay Events: \$ 8.00 per Team  
Challenge Relay Event: \$ 4.00 per Team (heats – Saturday, finals – Sunday)  
Deck Entries: \$ 8.00 each Individual or Relay at the discretion of the Meet Manager and must be submitted by cash or club cheque (preferable) by 8:00a.m. on day of event to the Clerk of the Course.

PLEASE NOTE: Coachs must supply BCSSA number as its needed in order to process their deck entry. NO # - NO ENTRY

*Entry fees: Cheque via mail received by Wednesday June 3<sup>rd</sup>, 2010*  
*Please mail to:* **Coquitlam Sharks Aquatic Club**  
**PO Box 64531 RPO Como Lake**  
**Coquitlam, BC, V3J 3R3**

*Cheques on day of meet must be received no later than:*  
**Saterday, June 4<sup>th</sup>, 2011 at 8:00 am**

**Eligibility:** Simon Fraser Region 2011 "B" Cutoff Times apply/ see BCSSA web page

- Any swimmer recording a time faster than the "B" cutoff times will be placed in the "A" results
- "O" swimmers are welcome and encouraged! They will swim in their appropriate O category.

**Electronic Entries: MUST BE RECEIVED BY TUESDAY, May 31<sup>st</sup> 2010 AND MUST INCLUDE THE FOLLOWING:**

By email

- Club roster
- Meet entries (Hy-Tek format)
- **Name, email and phone number of computer/meet entry contact person**
- **email to: computers@coquitlamsharks.ca**

# EVENT LIST DAY 1

June 4<sup>th</sup> 2010

Girls Event #		Boys Event #	Girls Event #		Boys Event #
001	Div 1 100 IM	002	065	Div 1 100 Medley Relay	066
003	Div 2 100 IM	004	067	Div 1 200 Medley Relay	068
005	Div 3 100 IM	006	069	Div 2 200 Medley Relay	070
007	"O" Cat 1 100 IM	008	071	Div 3 200 Medley Relay	072
009	Div 4 200 IM	010	073	"O" Cat 1 200 Medley Relay	074
011	Div 5 200 IM	012	075	Div 4 200 Medley Relay	076
013	Div 6 200 IM	014	077	Div 5 200 Medley Relay	078
015	Div 7 200 IM	016	079	Div 6 200 Medley Relay	080
017	Div 8 200 IM	018	081	Div 7 200 Medley Relay	083
019	"O" Cat 2 200 IM	020	083	Div 8 200 Medley Relay	084
			085	"O" Cat 1 200 Medley Relay	086
021	Div 1 25 Freestyle	022			
023	Div 1 50 Freestyle	024	087	Sharks Challenge Mixed 200 Freestyle Relay (prelims)	
025	Div 2 50 Freestyle	026			
027	Div 3 50 Freestyle	028			
029	"O" Cat 1 50 Freestyle	030			
031	Div 4 50 Freestyle	032			
033	Div 5 50 Freestyle	034			
035	Div 6 50 Freestyle	036			
037	Div 7 50 Freestyle	038			
039	Div 8 50 Freestyle	040			
041	"O" Cat 2 50 Freestyle	042			
043	Div 1 25 Butterfly	044			
045	Div 1 50 Butterfly	046			
047	Div 2 50 Butterfly	048			
049	Div 3 50 Butterfly	050			
051	"O" Cat 1 50 Butterfly	052			
053	Div 4 50 Butterfly	054			
055	Div 5 50 Butterfly	056			
057	Div 6 50 Butterfly	058			
059	Div 7 50 Butterfly	060			
061	Div 8 50 Butterfly	062			
063	"O" Cat 2 50 Butterfly	064			

## EVENT LIST DAY 2

June 5<sup>th</sup> 2010

Girls Event #		Boys Event #	Girls Event #		Boys Event #
201	Div 5 100 Butterfly	202	263	Div 4 100 Freestyle	264
203	Div 6 100 Butterfly	204	265	Div 5 100 Freestyle	266
205	Div 7 100 Butterfly	206	267	Div 6 100 Freestyle	270
207	Div 8 100 Butterfly	208	269	Div 7 100 Freestyle	272
209	"O" Cat 2 100 Butterfly	210	271	Div 8 100 Freestyle	274
			273	"O" Cat 2 100 Freestyle	274
211	Div 1 25 Backstroke	212			
213	Div 1 50 Backstroke	214	275	Div 1 200 Freestyle Relay	276
215	Div 2 50 Backstroke	216	277	Div 1 200 Freestyle Relay	278
217	Div 3 50 Backstroke	218	279	Div 2 200 Freestyle Relay	280
219	"O" Cat 1 50 Backstroke	220	281	Div 3 200 Freestyle Relay	282
221	Div 4 100 Backstroke	222	283	"O" Cat 1 200 Freestyle Relay	284
223	Div 5 100 Backstroke	224	285	Div 4 200 Freestyle Relay	286
225	Div 6 100 Backstroke	226	287	Div 5 200 Freestyle Relay	288
227	Div 7 100 Backstroke	228	289	Div 6 200 Freestyle Relay	290
229	Div 8 100 Backstroke	230	291	Div 7 200 Freestyle Relay	292
231	"O" Cat 2 100 Backstroke	232	293	Div 8 200 Freestyle Relay	294
			295	"O" Cat 2 200 Freestyle Relay	296
233	Div 1 25 Breaststroke	234			
235	Div 1 50 Breaststroke	236	087	Sharks Challenge Mixed 200 Freestyle Relay (finals)	
237	Div 2 50 Breaststroke	238			
239	Div 3 50 Breaststroke	240			
241	"O" Cat 1 50 Breaststroke	242			
243	Div 4 100 Breaststroke	244			
245	Div 5 100 Breaststroke	246			
247	Div 6 100 Breaststroke	248			
249	Div 7 100 Breaststroke	250			
251	Div 8 100 Breaststroke	252			
253	"O" Cat 2 100 Breaststroke	254			
255	Div 1 100 Freestyle	256			
257	Div 2 100 Freestyle	258			
259	Div 3 100 Freestyle	260			
261	O cat 1 – 100 Freestyle	262			